

Plant-based Prevention Of Disease 2022

October 22-23 Loudermilk Conference Center, Atlanta GA & Virtual Livestream p-pod.org



Kayli Anderson, MS RDN ACSM-EP DipACLM

Plant-based Mavens, Part 1: Lifestyle Medicine Strategies for Optimizing Fertility



Kayli Anderson, MS RDN ACSM-EP DipACLM

Plant-based Mavens, Part 2: Lifestyle Medicine Strategies For Healthy Pregnancy and Beyond



Marsha-Gail Davis, MD MPH DipABLM

Advancing Health Equity through School Environments



Kelly Freeman, MSN AGPCNP-BC DipACLM

The Happy Healthy Aging Brain: Key Lifestyle Factors to Reduce Dementia Risk



Timaree Hagenburger, MPH RDN EP-c

Tapping Into the Power of Cultural Food and Simplicity for Sustainable Plant-based Eating



Kamyar Kalantar-Zadeh, MD PhD MPH FACP FASN FAAP FAHA FNKF

"PLADO": Plant-dominant Diet for Kidney Health



Janese Laster, MD

The Skinny on Gut Health and Weight Maintenance



Vanessa Méndez MD DipABLM

The Role of Our Microbiome in Human Health, and What Nutrition and Lifestyle Can Teach Us



Milton Mills, MD

Diet and Cancer: Causation, Prevention, Possible Reversal (1 and 2)



Neha Pathak, MD FACP DipABLM

Lifestyle Medicine for Personal and Planetary Health



Tim Radak, DrPH MPH RDN

Nutrition and Nutrient Review, and Planning Guide: Plant-based or Vegan Diets – A Primer



Krystyna "Tina" Rastorguieva, MPH

[See special presentation near bottom of list.]



Koushik Reddy, MD FACC FACLM DipABLM

A Cardiologist's Heart to Heart Talk about Diabetes



Shayna Smith, MD DipABLM

Implementing Lifestyle Medicine and Plant-based Principles in a General Pediatric Practice



Jennifer Trilk, PhD FACSM DipACLM

The Importance of Nutrition and Lifestyle Medicine in Medical School Curriculum



Kim A. Williams, Sr., MD MACC FAHA MASNC FESC

Dueling the Dual Pandemic: Nutrition, the Microbiome, COVID-19 and Cardiovascular Mortality



[Anderson + Trilk]

Movement and Physical Activity: Their Role in the Lifestyle-based Efforts against Chronic Disease

[Davis + Williams]

Response Dialogue: The Need for Healthcare Practitioners to Pursue Health Equity in Communities

[Rastorguieva + Pathak + Reddy]

Bringing the Six Pillars of Lifestyle Medicine into Institutions and Community